

WUSD #9 WELLNESS & MENU COMMITTEE MEETING

The National School Lunch Program (NSLP) requires schools to have a Wellness Committee to help promote healthy lifestyles for students and staff. The committee works together to support nutrition education, physical activity, and overall wellness on campus. Members provide input on wellness goals, activities, and policies that make our schools healthier places to learn and work. The committee meets 4 times a year. SY 2025 2026: 9/16/25, 1/20/26, 3/24/26, 5/5/26.

LOCATION: Google Meet <https://meet.google.com/oqr-ewvv-xee> Or dial: (US) +1 262-427-6891 PIN: 121 952 937#
DATE/TIME: 9/16/25, 4-4:30 PM
FACILITATOR: James Scott, Denise Bergman, Lisa Smith

COMMITTEE MEMBERS: James Scott, Denise Bergman, Lisa Smith, Sean Kush, Carissa Hershkowitz, Lowanna Perry, Kat Hefner, Ashlee Bullard, Rhonda Griswold, Garrett Maier, Shawnah Schafer, Aspen Klenk, Oakley Klenk

AGENDA	MINUTES
Agenda Items <ul style="list-style-type: none">- Introductions- Overview of Wellness Committee- Review Year 1 Wellness Policy- Each school needs to set 2-3 goals for Year 1- Menu Items- Invite students, parents and community members to the next meeting Open Discussion Next Meeting 1/20/26, 4 PM	Present: James Scott, Denise Bergman, Lisa Smith, Carissa Hershkowitz, Lowanna Perry, Eric Dean, Kat Hefner, Ashlee Bullard, Rhonda Griswold Absent: Garrett Maier, Shawnah Schafer, Aspen Klenk, Oakley Klenk The meeting commenced at 4:00 PM. James started the meeting by greeting everyone and giving a short overview of the Wellness Committee. Year 1 School Version of the ADE Wellness Policy Activity & Assessment Tool was emailed to committee members and asked that they turned it in by the third meeting on 3/24/26. They were asked to work on 2-3 Goals to bring to the next meeting, 1/20/26. We asked for feedback on food service menu items. VP and HES members said they liked the food and the students also seemed to like it and are eating more. HES stated that they were pleased how G-parent's day turned out. FFES asked about gluten free options for students and was directed to our school website to print the form and turn into the cafeteria. The committee will meet again on 1/20/2026.